



SRVDA Presents

Summer Ballet Intensive

This year's Ballet Intensive will focus on the ballet 'Swan Lake'. Improve your technique through both traditional intensive classes and repertoire from the ballet, which includes a variety of cultural dance forms.



Ages: 8+

Levels: III & up
(Levels will be divided accordingly)

Dates: July 10 - July 21

Time: 10:00 - 2:30

Days: Monday - Friday

Cost: \$475

SRVDA Ballet Summer Intensive 2017

July 10th-14th	Monday		Tuesday		Wednesday		Thursday		Friday	
	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2
	Miss Gayle	Miss Julie	Miss Lauren	Miss Jan	Miss Gayle	Miss Holly	Miss Jan	Mr David	Miss Holly	Miss Gayle
	Class II 10:00-11:30 Ballet Tech	Class I 10:00-11:30 Pilates	Class II 10:00-12:00 Ballet Tech	Class I 10:00-12:00 Ballet Tech	Class II 10:00-12:00 Ballet Tech	Class I 10:00-12:00 Ballet Tech	Class II 10:00-12:00 Ballet Tech	Class I 10:00-12:00 Ballet Tech	Class II 10:00-12:00 Ballet Tech	Class I 10:00-12:00 Ballet Tech
	Break		Break		Break		Break		Break	
	Miss Gayle	Miss Julie	Miss Jan		Miss Holly		Mr David		Miss Holly	
	Class I 12:00-1:30 Ballet Tech	Class II 12:00-1:30 Pilates	Class II 12:00-1:00 Pointe Class	Class I 12:00-1:00 Turns & Jumps	Class II 12:00-1:00 Pointe/Variations	Class I 12:00-1:00 Pre-Pt/Variations	Class II 12:00-1:00 Pointe/Variations	Class I 12:00-1:00 Pre-Pt/Variations	Class II 12:00-1:00 Pointe/Variations	Class I 12:00-1:00 Pre-Pt/Variations
	Break		Break		Break		Break		Break	
	Class I & II 1:30-2:30 Character		Class I & II 1:30-2:30 Flamenco		Class I & II 1:30-2:30 Acting for Dancers		Class I & II 1:30-2:30 Stretch		Class I & II 1:30-2:30 Ballet Hist & Styles	

July 17th - 21st	Monday		Tuesday		Wednesday		Thursday		Friday	
	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2
	Miss Gayle	Miss Julie	Miss Lauren	Miss Jan	Miss Gayle	Miss Holly	Miss Jan	Mr David	Miss Holly	Mr David
	Class II 10:00-11:30 Ballet Tech	Class I 10:00-11:30 Pilates	Class II 10:00-12:00 Ballet Tech	Class I 10:00-12:00 Ballet Tech	Class II 10:00-12:00 Ballet Tech	Class I 10:00-12:00 Ballet Tech	Class II 10:00-12:00 Ballet Tech	Class I 10:00-12:00 Ballet Tech	Class II 10:00-12:00 Ballet Tech	Class I 10:00-12:00 Ballet Tech
	Break		Break		Break		Break		Break	
	Miss Gayle	Miss Julie	Miss Jan		Miss Holly		Mr David		Miss Holly	
	Class I 12:00-1:30 Ballet Tech	Class II 12:00-1:30 Pilates	Class II 12:00-1:00 Pointe Class	Class I 12:00-1:00 Turns & Jumps	Class II 12:00-1:00 Pointe/Variations	Class I 12:00-1:00 Pre-Pt/Variations	Class II 12:00-1:00 Pointe/Variations	Class I 12:00-1:00 Pre-Pt/Variations	Class II 12:00-1:00 Pointe/Variations	Class I 12:00-1:00 Pre-Pt/Variations
	Break		Break		Break		Break		Break	
	Class I & II 1:30-2:30 Character		Class I & II 1:30-2:30 Flamenco		Class I & II 1:30-2:30 Acting for Dancers		Class I & II 1:30-2:30 Stretch		Class I & II 1:30-2:30 Ballet Hist & Styles	

****Monday's you will need -**
 Water & Lunch
 Theraband
 Yoga Mat
 Knee length full skirt
 Character or Jazz shoes if you have them

****Tuesday's you will need -**
 Water & Lunch
 Theraband
 Knee length full skirt
 Character or Jazz shoes if you have them

****Wednesday's you will need -**
 Water & Lunch
 Theraband

****Thursday's you will need -**
 Water & Lunch
 Theraband
 Yoga Mat

****Friday's you will need -**
 Water & Lunch
 Theraband